

GOVERNMENT OF MAHARASHTRA

GOVERNMENT COLLEGE OF EDUCATION AKOLA

UGC SPONSORED

H.H.SWAMI CHINMAYANANDA STUDIES CENTRE

TWO DAYS TEACHERS TRAINING PROGRAM

ON

INTEGRATED DEVELOPMENT OF HUMAN

PERSONALITY

(CHINMAYA VISION PROGRAM)

DATE 16/12/2014 TO 17/12/2015

REPORT

Report

Date: -

16/12/2014

Swami Chinmayananda vision program was conducted by swami chinmayananda study center Govt. College of Education Akola. This program was conducted for teachers on dated 16 December 2014 to 17 December 2014 at govt. B.Ed. College Akola.

The inauguration took a place at the hands of in charge principal Dr.VasudhaDeo . Dr. Deo madam introduced C.V.P program and introduced about Swami Chinmayananda study center to the teachers.



Dr. Deo started a program. In this program madam guide to teacher on Integrated development including physical development, Mental Development ,Intellectual Development and Spiritual Development. The first concept was physical Development. What is the physical development? What type of physical development? Etc. Dr.Deo explained the physical development by power point presentation. While running the power point presentation Dr.Deo explains each and every point to teachers. Teachers was getting such kind of information and knowledge.





After the presentation Dr.Deo divide teachers into five group 1) Anger(Raag), 2) dwesh, 3) (Matsar), 4) (Lobh), 5) (Moh) 6) Mada and gave one activity to each group to play a drama on given topic.



Then we took a break for 20 minutes for tea. After the break guest Dr. Sunil Bihade sir given a power point presentation on Nutrition. Nutrition is the important factor in humans life and human does not aware about that. Now need to aware peoples. What is mean by nutrition? How many types of nutrition? What is the benefits of nutrition? Dr. Bihade sir clear the doubts about nutrition. He told the meaning of nutrition.



After this session. Teachers group performed drama on given topic. Each and every group tried to do best from their side. Then Dr.Deo congratulate to all groups to played a beautiful drama on stage. Thus ended the first day.



On the second day of training Dr.Deo started session on spiritual development. What is mean by spiritual development? How it works? When and How Did You Become Disciplined for Spiritual Growth? How Do You Measure Spiritual Growth? 3 Part Strategy for Spiritual Growth. Small Steps to Spiritual Growth Etc. Dr.Deo gave the answers of the questions. And present a power point presentation.



In the second session Mr. Anand Thatte sir take over the session. He introduced about “Yoga”. Which kind of part of Yoga? How important Yoga steps? Etc. He presents a good power point presentation on Yoga. And he has gone through the practical also.



After that we had a tea break for 20 minutes. After the break madam take over the last session Madam introduce Intellectual development. What is intellect? How it works? What is your opinion of the intellectual development? Madam explained the intellectual development like this. Intellect or Mind, Thinking and reasoning, knowledge and understanding,

Imagination and creativity, concept formation: - hot-cold, acrid-sweet, etc. madam describe the above things through power point presentation.



In valedictory session there were two feedback from teachers .They expressed their gratitude towards institution for organize such useful training for teachers .They also expressed their willingness to participate in another training of this centre. We distributs Certificate to all participant.We finished our session by chanting centre song .

After this session we took a group photo and distribute the certificates. Thus ended the second day and finished two days training.

